

*Deborah Nolan, AND-BC, MSN*

**AESTHETIC PATIENT INFORMATION AND SELF-ASSESSMENT QUESTIONNAIRE**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Please indicate preferred method of contact: \_\_\_\_\_

1. What is the main reason you came in for this consultation?

\_\_\_\_\_  
\_\_\_\_\_

2. What aesthetic treatments and procedures, if any, have you had in the past?

\_\_\_\_\_  
\_\_\_\_\_

3. If you have previously had any aesthetic treatments or procedures, were you pleased with the outcome? Yes  No

If No, in what way were you dissatisfied?

\_\_\_\_\_  
\_\_\_\_\_

4. Do you have any concerns about aesthetic treatments or procedures?

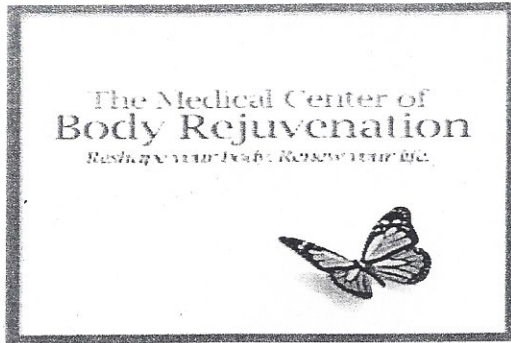
\_\_\_\_\_  
\_\_\_\_\_

If yes, please identify your concerns: \_\_\_\_\_

\_\_\_\_\_

5. Please indicate your opinion on the following statement:

I would prefer correcting my facial wrinkles and lines with a product that does not contain animal-derived ingredients. Yes  No  Not sure, I would like to discuss



## AESTHETIC PRODUCTS, TREATMENTS AND PROCEDURES

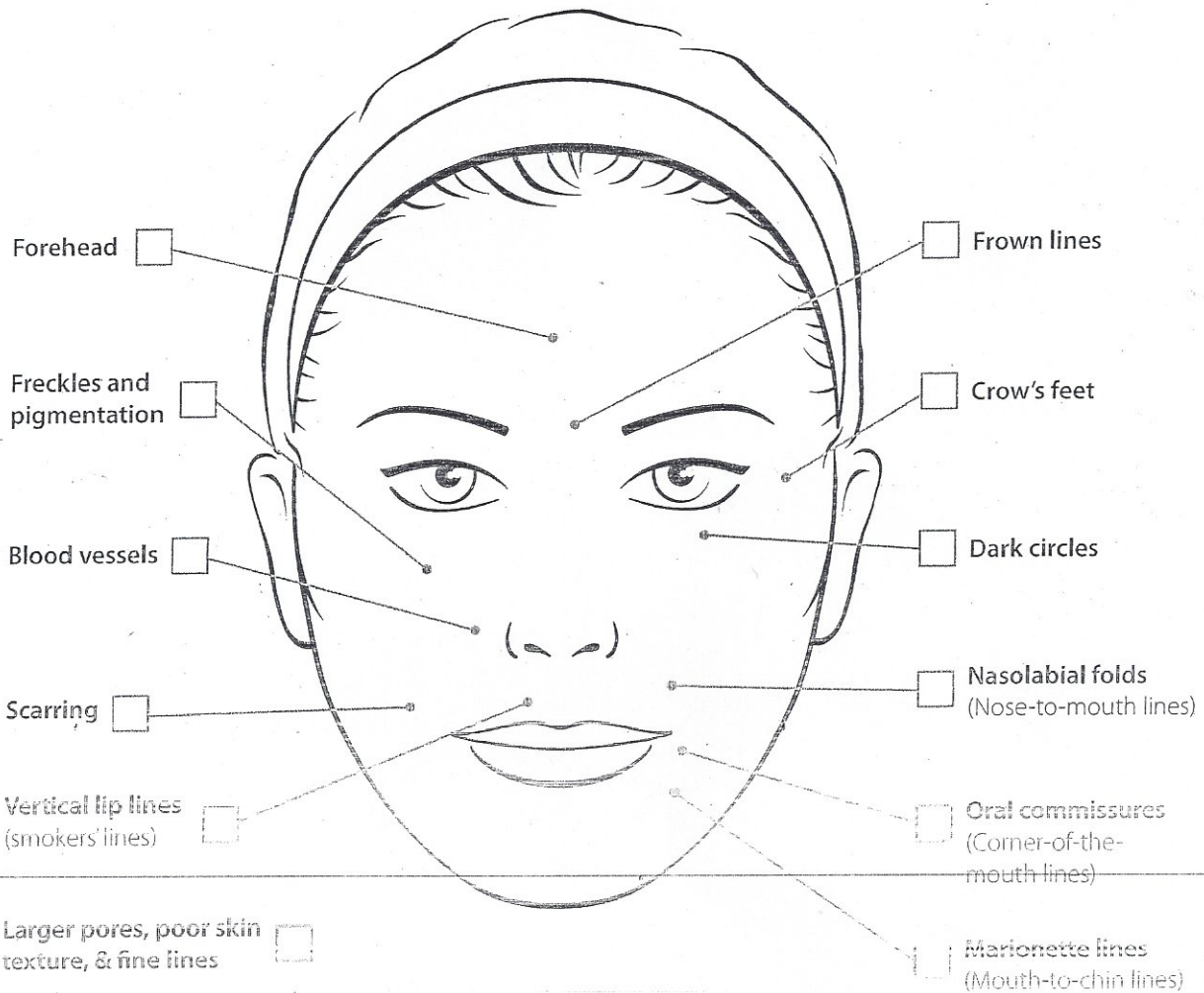
Please let us know which of the following aesthetic products, treatments and procedures interest you. Please check all that apply.

- Skin Rejuvenation
- Topical Wrinkle Treatment
- Dermal Fillers (Radiesse, Juvederm, Restylane, Perlane)
- Botox
- Dysport
- Acne Treatment
- Professional Skin-care Products (OBAGI)
- Liver spot/Age spot correction

- 
- Sunscreen Advice
  - Chemical Peels
  - Leg Vein Correction
  - Lipo Selection/Body Contouring
  - Medical Weight Loss
  - Other (please Specify): \_\_\_\_\_
-

## Facial Anatomic Representation

With respect to facial aesthetics, please highlight those areas of the face that bother or trouble you. In the boxes provided, please rate these areas on a scale of 1 to 5 (1 being least bothersome, 5 being most bothersome). Feel free to draw on the chart to identify any other facial concerns.



Thank you for completing this questionnaire.

GREGORY NESTOR, M.D.

DEBORAH NOLAN, A.R.N.P.

NAME \_\_\_\_\_ AGE \_\_\_\_\_ SEX \_\_\_\_\_ S M W D \_\_\_\_\_

ADDRESS \_\_\_\_\_ PHONE \_\_\_\_\_ DATE \_\_\_\_\_

NEXT OF KIN \_\_\_\_\_ ADDRESS \_\_\_\_\_

OCCUPATION \_\_\_\_\_ REFERRED BY \_\_\_\_\_

MEDICARE OR OTHER INSURANCE I.D.# \_\_\_\_\_ D.O.B. \_\_\_\_\_

WHAT MEDICAL DOCTOR DID YOU LAST SEE? \_\_\_\_\_ WHEN \_\_\_\_\_

1. What childhood illnesses have you had? \_\_\_\_\_  
\_\_\_\_\_
2. Did you have any unusual or severe illnesses prior to age 18? \_\_\_\_\_  
\_\_\_\_\_
3. Give the year or your age if you have had any of the following operations:  
Tonsillectomy \_\_\_\_\_ Hysterectomy \_\_\_\_\_ Ear Operation \_\_\_\_\_  
Cataract Operation \_\_\_\_\_ Prostate Operation \_\_\_\_\_ Lung Operation \_\_\_\_\_  
Gall Bladder Removal \_\_\_\_\_ Vein Operation \_\_\_\_\_ Hernia \_\_\_\_\_  
Stomach Operation \_\_\_\_\_ Appendectomy \_\_\_\_\_ Artery Operation \_\_\_\_\_  
C-Section \_\_\_\_\_ Eye Operation \_\_\_\_\_ Heart \_\_\_\_\_  
Breast Surgery \_\_\_\_\_ Hemorrhoidectomy \_\_\_\_\_ Others \_\_\_\_\_
4. if you have any of the following problems, please mark with an X:  
Diabetes \_\_\_\_\_ High Blood Pressure \_\_\_\_\_ Prostate Problems \_\_\_\_\_  
Anemia \_\_\_\_\_ Heart Trouble \_\_\_\_\_ Lung Trouble \_\_\_\_\_  
Cancer \_\_\_\_\_ Kidney or Bladder Trouble \_\_\_\_\_ Stomach or Bowel  
Arthritis \_\_\_\_\_ Female Problems \_\_\_\_\_ Trouble \_\_\_\_\_  
Depression \_\_\_\_\_ Thyroid Problems \_\_\_\_\_
5. If you have had any broken bones, whether right or left, and the year in which the injury occurred: \_\_\_\_\_  
\_\_\_\_\_
6. Give the years and reason if you have been hospitalized for anything besides injuries or operation: \_\_\_\_\_  
\_\_\_\_\_
7. Except as noted above, for what have you been treated by physicians during the past ten years other than common colds and the like: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
8. What medicines do you now take and how often do you take them: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
9. Have you ever had a blood transfusion? \_\_\_\_\_ When? \_\_\_\_\_ How Many? \_\_\_\_\_
10. List any medicines to which you are allergic: \_\_\_\_\_  
Have you ever had asthma or hay fever? \_\_\_\_\_

(OVER)

11. Women Only: At what age did your periods commence? \_\_\_\_\_  
 At what age did they stop? \_\_\_\_\_  
 What if any trouble do you have with your periods? \_\_\_\_\_  
 \_\_\_\_\_  
 How many living children have you had? \_\_\_\_\_ How many still births? \_\_\_\_\_  
 How many miscarriages? \_\_\_\_\_

12. a. Occupation \_\_\_\_\_ Are you retired? \_\_\_\_\_  
 b. What is your spouse's age? \_\_\_\_\_  
 c. Do you consider him/her to be in good health? \_\_\_\_\_ If not, why not? \_\_\_\_\_  
 \_\_\_\_\_  
 d. In what year were you married? \_\_\_\_\_ How many beers, shots, cocktails and highballs do you consume in an average week? \_\_\_\_\_  
 e. How many pipes, cigars, or packs of cigarettes do you smoke per day, on the average? \_\_\_\_\_  
 \_\_\_\_\_  
 f. How many cups of coffee do you drink per day? \_\_\_\_\_ Tea \_\_\_\_\_  
 g. In what state were you born? \_\_\_\_\_ If foreign born, at what age did you come to this country? \_\_\_\_\_ In what state did you live most of your life? \_\_\_\_\_  
 h. Do you generally sleep well? \_\_\_\_\_  
 i. What are your principal hobbies or recreational activities? \_\_\_\_\_  
 j. If you were in the Armed Services, what branch and years? \_\_\_\_\_

13. LIVING DECEASED

	Age	State of Health	Chronic Diseases	Age at Death	Cause of Death	Other Illnesses
Father						
Mother						
Brothers						
Sisters						
Children						

Except as noted, have any close blood relatives had cancer? \_\_\_\_\_

High Blood Pressure? \_\_\_\_\_

Diabetes? \_\_\_\_\_

Tuberculosis? \_\_\_\_\_

Any disease that run in the family? \_\_\_\_\_

HOSPITAL DATA:

Admission Date: \_\_\_\_\_ Admission Diagnosis: \_\_\_\_\_

Lab data: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_